

# Local Food Resources (Free Groceries)

## West Side Campaign Against Hunger

**Where** ↗ 263 W. 86 St, 10024

**When** 📅 Tuesday 9 – 1 pm  
Wednesday 9 – 1 pm  
Thursday 9 – 1 pm  
Friday 9 – 1 pm

☎ (212) 362-3662 ext 126  
✉ socialservices@wscah.org

## CLOTH Food Pantry

**Where** ↗ 508 W 159 Street, 10032

**When** 📅 Tuesday 9 – 1 pm  
Wednesday 9 – 1 pm  
Thursday 9 – 1 pm  
Saturday 9 am - 1 pm

**No registration needed, Walk-in**

## New York Common Pantry (Bronx)

**Where** ↗ 1290 Hoe Ave, 10459

**When** 📅 Tuesday 8 am – 4 pm  
Wednesday 8 am – 4 pm  
Thursday 8 am – 4 pm  
Friday 8 am – 4 pm

☎ 917-982-2700

## New York Common Pantry (Harlem)

**Where** ↗ 8 E 109<sup>th</sup> St, 10029

**When** 📅 Monday 9 am – 5 pm  
Tuesday 9 am – 5 pm  
Wednesday 9 am – 5 pm  
Thursday 9 am – 5 pm  
Friday 9 am – 5 pm  
Saturday 9 am – 6 pm  
Sunday 2 – 6 pm

☎ (917) 720-9700

**Text “FOOD” to 726879 for more local pantry information**

# Recursos Alimentarios Gratuitos y Locales

## West Side Campaign Against Hunger

**Dónde** ↗ 263 W. 86 St, 10024

**Cuando** 📅 martes 9 – 1 pm  
miércoles 9 – 1 pm  
jueves 9 – 1 pm  
viernes 9 – 1 pm

☎ (212) 362-3662 ext 126  
✉ socialservices@wscah.org

## CLOTH (Dispensa de Alimentos)

**Dónde** ↗ 508 W 159 Street, 10032

**Cuando** 📅 martes 9 – 1 pm  
miércoles 9 – 1 pm  
jueves 9 – 1 pm  
sábado 9 am – 1 pm

**No se necesita registrarse, sin cita**

## New York Common Pantry (Bronx)

**Dónde** ↗ 1290 Hoe Ave, 10459

**Cuando** 📅 martes 8 am – 4 pm  
miércoles 8 am – 4 pm  
jueves 8 am – 4 pm  
viernes 8 am – 4 pm

☎ 917-982-2700

## New York Common Pantry (Harlem)

**Dónde** ↗ 8 E 109<sup>th</sup> St, 10029

**Cuando** 📅 lunes 9 am – 5 pm  
martes 9 am – 5 pm  
miércoles 9 am – 5 pm  
jueves 9 am – 5 pm  
viernes 9 am – 5 pm  
sábado 9 am – 6 pm  
domingo 2 – 6 pm

☎ (917) 720-9700

**Mande “COMIDA” al 726879 para más información sobre despensas locales**

# Free Meals at NYC Public Schools!

Pick up 3 free meals every day at schools near you!

**Who? All New Yorkers**

**When  Children and Families**

Monday 7:30 – 11:30 am

Tuesday 7:30 – 11:30 am

Wednesday 7:30 – 11:30 am

Thursday 7:30 – 11:30 am

Friday 7:30 – 11:30 am

**All Other Adults**

Monday 11:30 am – 1 pm

Tuesday 11:30 am – 1 pm

Wednesday 11:30 am – 1 pm

Thursday 11:30 am – 1 pm

Friday 11:30 am – 1 pm

**Find your location  **

<https://bit.ly/nycfoodQR> or click QR code



**Community Health Academy of the Heights**

504 West 158th St, 10032

212-342-6600

**P.S. 004 Duke Ellington**

500 W 160 St, 10032

212-928-0739

**P.S. 008 Luis Belliard**

465 W 167 St, 10032

212-928-4157

**P.S. 028 Wright Brothers**

475 W 155 St, 10032

212-690-3014

**I.S. 528 Bea Fuller Rodgers School**

180 Wadsworth Ave, 10033

212-740-4900

**J.H.S. 143 Eleanor Roosevelt**

511 W 182nd St, 10033

212-927-7739

**P.S. 115 Alexander Humboldt**

586 W 177 St, 10033

212-927-9233

**J.H.S. 052 Inwood**

650 Academy St, 10034

212-567-9162

**P.S. 005 Ellen Lurie**

3703 Tenth Ave, 10040

212-567-8109

**P.S. 098 Shorac Kappock**

512 W 212 St, 10034

212-927-7870

**Paula Hedbavny School**

521 W 219th St, 10034

917-521-2060

**Middle School 322**

4600 Broadway, 10040

212-304-0853

**P.S. 152 Dyckman Valley**

93 Nagle Ave, 10040

212-567-5456

**P.S. 189**

2580 Amsterdam Ave, 10040

212-927-8303

# ¡Comida Gratis en Las Escuelas Públicas en NYC!

¡Recoja 3 comidas preparadas cada día en escuelas en su vecindario!

¿Para Quien? Todos los neoyorquinos

Cuando  **Niños y familias**

lunes 7:30 – 11:30 am  
martes 7:30 – 11:30 am  
miércoles 7:30 – 11:30 am  
jueves 7:30 – 11:30 am  
viernes 7:30 – 11:30 am

**Todos los otros adultos**

lunes 11:30 am – 1 pm  
martes 11:30 am – 1 pm  
miércoles 11:30 am – 1 pm  
jueves 11:30 am – 1 pm  
viernes 11:30 am – 1 pm

Encuentre su ubicación  

<https://bit.ly/nycfoodQR>  
o haga clic en el código QR



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